

My Plan Connection

It's Easy to Connect to Your Plan. Enroll, manage your account, and take advantage of great planning tools online or by phone.

You've heard it before. Social security won't be enough. We are living longer than ever due to the miracles of modern medicine. And inflation is making even everyday items more and more expensive. Bottom line? When you retire, you are going to need a retirement savings account

large enough to meet your income needs throughout your retirement years. Take control of your future by starting a retirement savings plan today.

Manage your account
online or by phone

Online

To sign up for your plan online, visit www.myplanconnection.com and click "Log In to Your Account". If you have never logged in before, then your userid will be your social security number (no dashes or hyphens) and your password will be the last four digits of your social security number. You will then be prompted to change your userid and password.



LOUISIANA STATE
MEDICAL SOCIETY

By Phone

You can also call our Customer Service Center at 800.878.5220, Option 1 for participant inquiries. Our retirement plan specialists are available Monday through Friday from 8:00 a.m. to 7:00 p.m ET.

News You Can Use

The maximum amount you can contribute to your plan in 2023 is \$22,500. If you are over 50 years of age, then you can make an additional catch-up



contribution of \$7,500, for a total contribution of \$30,000.

Use the Retirement Wizard to determine how much you need to save to meet your retirement income. This, along with other great planning tools, are available online at www.myplanconnection.com.

**Enroll today! Call 800.878.5220 or visit
www.myplanconnection.com.**

www.MyPlanConnection.com * 800.878.5220

The information in this article is intended to be educational and to provide you with information that might help you make better use of retirement savings opportunities in realizing your retirement goals. Different assumptions concerning earnings, taxes, investment rates of return, and retirement age will generally yield different results. Examples in this article do not reflect actual returns for any specific investments, and are not intended to imply or guarantee future results. All examples are hypothetical and for illustration purposes only. Actual returns may be higher or lower, and will fluctuate over time. Returns are assumed to be the same each year. Actual values may increase or decrease in any given year. Because the value of your investment will fluctuate with market conditions, you should consider your ability to continue to invest during periods of low price levels. Regular investing does not guarantee a profit or protect against a loss in a declining market. No taxes are applied to plan balances. Plan balances are fully taxable at withdrawal. Withdrawals made prior to age 59½ may trigger an additional 10% early withdrawal penalty tax. This information does not describe all plan features or their applicability to any plan participant. It is provided for general information only and is believed to be accurate and reliable as of the date of printing but may be subject to change. All information in this article is provided for illustrative purposes only and should not be considered tax, investment, or legal advice. Participants should seek professional advice for their particular situation. Contributions to tax-sheltered accounts may not exceed plan or regulatory limits. Additional plan information is available from your plan administrator.